



23 August 2021

IMPORTANT INFORMATION

Dear Staff and Congregation

As you may be aware there is an outbreak of COVID 19 in the community and a person with COVID-19 has visited St Patrick's Cathedral, 43 Wyndham Street, Auckland on **Thursday 12 August** from **12.15pm** – **1.15pm**.

Those who have tested positive and their household members are in isolation.

If you were at the Cathedral at this time, you are considered a close contact of COVID 19.

You must

- Stay in self-isolation for 14 days from the date of exposure, ie until the end of Thursday 26
 August.
- Get tested for COVID 19 on Tuesday 24 August.
- Your household members also need to stay at home and not have visitors until your test comes back negative. They can resume life according to the alert levels if this test is negative, but you still need to stay in self isolation until the end of August 26.
- Watch for symptoms that may develop during this time as listed below.

You must do all these things even if you have been vaccinated against COVID 19, as no vaccine is 100% effective. While the vaccine protects against the worst effects of COVID, you could still get ill, or pass the virus to others.

Self-isolation means staying home and not going to work (even if you are an essential worker), or anywhere else unless you need to seek healthcare. It also means not having any visitors to your home. Here is a link to further <u>information</u>.

Testing sites are listed <u>here</u> and are on the Auckland Regional Public Health Service website (see getting tested). **Please give the testing centre this code** – SURV-TM18CH4 when you get tested.

If you were at this event, and do not hear from the contact tracing team, please ring Healthline on 0800 358 5453.

There is a fact sheet for close contacts in English, Samoan and other Pacific languages on the <u>ARPHS</u> website.

Symptoms of COVID 19 are:

- a new or worsening cough or sore throat
- a fever of at least 38°C
- shortness of breath
- temporary loss of smell or altered sense of taste
- diarrhoea
- headache
- muscle pain or body aches

If you have any of these symptoms, please contact Healthline on 0800 358 5453 or your doctor, explaining someone with COVID-19 has attended church with you.

We will not be naming anyone with COVID-19 for privacy reasons and we would appreciate it if you do not speculate on the identity of the person.

Yours sincerely

Medical Officer of Health

Auckland Regional Public Health Service